

# មហាវិទ្យាល័យគិលានុបដ្ឋាក និង ឆ្មួប

Faculty of Nursing & Midwifery

បរិញ្ញាបត្ររង ផ្នែកគិលានុបដ្ឋាក

Associate Degree in Nursing

រឆ្នាំសិក្សា Academic Year: 2023 - 2024

#### **Course Outlines**

មុខវិជ្ជា Course Title:	Geriatric Nursing	ក្ងដមុខវិជ្ជា Course Code:	
ឆិមាស Semester: 2	<b>ឆ្នាំទី Year:</b> 3	ចំនូនក្រេឌីត Credits: 1	<b>ម៉ោង Hours:</b> 15
ព្រឹទ្ធបុរសមហាវិទ្យាល័យ	Name: Ms. Tun Sreyp	eov	
Dean or HoD	Email: tsreypeov1@pi	uthisastra.edu.kh	
អ្នកសម្របសម្រូលមុខវិជ្ជាCou	se Coordinator:	Name: Mr. YEM Sokha	
-		Email: ysokha@puthisastra.e	du.kh
សាស្ត្រាចារ្យ Lecturer/s:	Name: Ek Vibol		
	Email: evibol@puthisa	istra.edu.kh	

## ខ្លឹមសារនៃមុខវិជ្ជា Course Description:

This course is an introduction to the processes of gerontology and the study of all aspects of the aging process including the clinical, psychologic, economic, and sociological problems of the older adults and the consequences of these problems for older adults and society. Gerontology nursing is to safeguard and increase health to the extent possible and to provide comfort and care to the extent necessary. This subject focuses on gerontic nursing. It

addresses ways to promote high-level functioning and methods of providing care by using nursing processes and comfort for older adults.

## II. លទ្ធផលរំពឹងទុកសម្រាប់កម្មវិធី Program Learning Outcomes (PLOs):

PLO1	Apply the nursing process with emphasis on critical thinking, therapeutic				
	interventions, and affective interpersonal communication skills as they relate				
	for success in the nursing profession.				
PLO2	Integrate knowledge from nursing theory and public health science in				
	assessing health care needs of aggregates, communities, and society.				
PLO3	Applies ethical, legal, economic. and political concepts, showing a positive				
	attitude and respect for people regardless of economic status, customs and				
	beliefs.				
PLO5	Apply the gerontology nursing principles and issues related to aging and its				
	impact on society.				
PLO6	Be responsible for continuing personal and professional development with an				
	awareness of changing health trends.				

III. លទ្ធផលសិក្សារំពឹងទុក Course Learning Outcomes, CLOs, (Expected learning outcomes of the course):

		Related PLOs
CLO1	Examine some of the trends and issues that affect the older person's ability to remain healthy.	PLO1
CLO2	Explore the theories and myths of aging.	PLO 1
CLO3	Describe the normal changes that occur with aging.	PLO2
CLO4	Review the pathologic conditions that are commonly observed in older adults.	PLO3
CLO5	Explore the general methods used to assess the health status of older adults.	PLO3-5

CLO6	Identify the most common nursing diagnoses associated with older adults, and	PLO3-6
	discuss the nursing interventions related to these diagnoses.	
CLO7	Explore the impact of medication and medication administration on older adults.	PLO5

# IV. ប្លង់មេរៀន Course Outline:

សប្តាហ៍ /កាលបរិច្ឆេទ Week/Date	ម៉ោងទី Sessions	មាតិការមរៀន Contents (Topic and Contents)	សកម្មភាពរៀន និងបង្រៀន ប្រចាំសប្ដាហ៍ Weekly Learning- Teaching Activities	ចំនូន ម៉ោង Hours	Related CLO `s
		Cognitive Aspects of Aging	<ul><li>Lecture</li><li>QA</li></ul>	1.5H	CLO1-2
	2	<ul> <li>2- Body system change and health promotion activities</li> <li>Contents</li> <li>The integumentary system</li> <li>Musculoskeletal system</li> <li>Respiratory system</li> </ul>		1.5H	

Week 2	3	2- Body system change and health promotion	• Lecture	1.5H	CLO3
		activities	• QA		
		Contents			
		Cardiovascular system			
		Gastrointestinal system			
		Urinary system			
		Nervous system			
		Special senses			
		Reproductive and Genitourinary system			
	4	3- Geriatric syndromes: Multiple problems with		1.5H	
		multiple etiologic factors			
		Contents			
		Impaired mobility			
		Dizziness			
		Falls and Falling			
		Urinary incontinence			
Week 3	5	4- Medications and the elderly	Lecture	1.5H	CLO4-7
		Contents	• QA		
		Altered Pharmacokinetic			
		Nursing Implication			
	6		Group	1.5H	
			discussion		
Week 4		Summative Assessment 1			CLO1,2,
					3,4,7
Week 5	7	5- The older person in community	• Lecture	1.5H	CLO5
		Contents	• QA		
		Family's member			
		Home environment			
<u>.</u>				1	

	8	<ul> <li>Community health programs and health services</li> <li>6- Ethical and legal issues affecting the older adult</li> <li>Contents</li> <li>Ethical and legal issues affecting the older adult</li> <li>Ethical and legal issues affecting the older adult</li> <li>Elderly rights</li> </ul>		1.5H	
Week 6	9	<ul> <li>7- Altered Responses to Illness</li> <li>Contents</li> <li>Increased susceptibility</li> <li>Altered febrile and pain response</li> <li>Altered emotional impact</li> <li>Altered systemic response</li> <li>The older adult in a protected environment</li> </ul>	<ul> <li><i>Lecture</i></li> <li><i>QA</i></li> <li>Nursing care plan presentati on</li> </ul>	1.5H	CLO4-7
	10	<ul> <li>8- Nursing Process of Gerontology</li> <li>Contents</li> <li>Create a nursing care plan for older adults with some problems related to aging</li> </ul>		1.5H	

# V. វិធីសាស្ត្រវៀន និងបង្រៀន Learning & Teaching ( L&T) Methodologies:

### Study Workload

The information provided below is a guide to assist you in planning your studies and the minimum contact time expected for this course.

3 hours Facilitated work per week (x5)	15 Hours	
1 hours per week of independent/group work during classes (x5)	5 Hours	
2 hours (approximately) working on assessment 1	2 Hours	
3 hours (approximately) working on assessment 2	3 Hours	
Total	25 Hours	

#### Learning & teaching modes:

In this semester, you will be required to attend 3 hours face to face class per week [3hx5 weeks], and 1 hours of independent/group work session every week for 5 weeks [1 h x 5 weeks]. Lecturer(s) will assess your work at various stages throughout the course both during and after the teaching period.

a. Direct instruction: Lecturers would provide lecturing to the whole class with the clear instruction on each session based on the course syllabus/outline. Lecturers would explain some of the basic points and call students for revision at the end of each class.

b. Group discussion: Students are required to work in groups either in class or outside class in order to submit the tasks that have been assigned by lecturer.

c. Blended/Flipped classroom: Students are required to read material and present what they have read to the classmates and lecturer in class. The reading material will be uploaded in UPOP (Moodle) or lecturers may provide extra learning materials in class.

d. UPOP/Moodle: Each student is required to self-study via UPOP (UP online learning Platform) by completing all tasks that have been assigned by lecturer in that online classroom. This online learning would be graded automatically recorded and contribute the score to the in-class learning.

## សម្ភារបង្រៀន (Teaching materials/equipment): Computer

- 1. Projector
- 2. Markers
- 3. Hard copy books

## VI. វិធីសាស្ត្រវាយតម្លៃ Assessment Methods:

• Assessment

No.	Assessments	Mode of Submission <i>(e.g.,</i> <i>UPOP, Google Drive, Google</i> <i>Classroom, YouTube ,or a</i> <i>Facebook closed group page)</i>	Assessment Deadline	Related CLOs
1	Assessment 1	UPOP MCQs & Matching (Campus)	Week 4	CLO 1-7
2	Assessment 2	UPOP MCQs & Matching (Campus)	Week 7	CLO 1-7

• Grading Summary

1 credit(s)	Weighting	Assessment Tasks	Minimum Pass
	/		Minimum Pass
	50%	Assessment 1	Mark for each
			assessment
	50%	Assessment 2	and overall is
			60%

VII. បទបញ្ហាផ្ទៃក្នុងទាក់ទងនឹងការសិក្សា និងការវាយតម្លៃ Rules and Regulations for Study and Assessments:

- Assessment for learning Policy: Link to policy
- Academic Integrity Policy: Link to policy

### VIII. ឯកសារយោង ឬប្រភពឯកសារមេរៀន References/ Resources:

#### Primary textbook(s)

- 1. Johnson, J. Y., & Baughman, D. C. (2000). Handbook for Brunner and Suddarth's textbook of medical-surgical nursing, 9th ed. Philadelphia, Penn: Lippincott Williams & Wilkins.
- 2. Williams, P. (2023). Basic geriatric nursing. Mosby.

### Additional Material:

1. Graham, N. O. (1995). Quality in health care: Theory, application, and evolution. Gaithersburg, Md: Aspen Publishers.

2. Tu, Y. C., Wang, R. H., & Yeh, S. H. Relationship between perceived empowerment care and quality of life among elderly residents within nursing homes in Taiwan: a questionnaire survey.

Redirecting. (n.d.). Retrieved December 9, 2022, from

https://doi.org/10.1016/j.ijnurstu.2005.10.003